

"Morning Frost" Quilt Pattern

Fabric Requirements

White Fabric: 2 3/4 yards

Blue Fabric: 1 1/4 yards total (I used a variety of dark blue prints)

Batting: Twin Size (72" x 90")

Backing Fabric: 4 yards

Cutting Directions

White Fabric:

Cut 4 – 15 7/8" x 15 7/8"; 1 – 12" x 12"; 5 – 8" x 8"; 2 – 1 1/2" x 48 1/2"; 2 – 1 1/2" x 50 1/2"; 2 – 1 1/2" x 52 1/2"; 2 – 1 1/2" x 54 1/2"; 1 – 18 7/8" x 18 7/8" cut into fourths diagonally to form 4 triangles; 2 – 12 3/4" x 12 3/4" cut into fourths diagonally to form 8 triangles; *and* 8 – 3 3/4" x 3 3/4" cut in half diagonally to form 16 triangles.

Blue Fabric:

Cut 8 – 3 3/8" x 3 3/8"; 2 – 1 1/2" x 50 1/2"; 2 – 1 1/2" x 52 1/2"; 5 – 8" x 8"; 1 – 12 3/4" x 12 3/4" cut into fourths diagonally to form 4 triangles; *and* 8 diamonds from template.

Making 8-at-a-Time Half Square Triangle (HST) Units

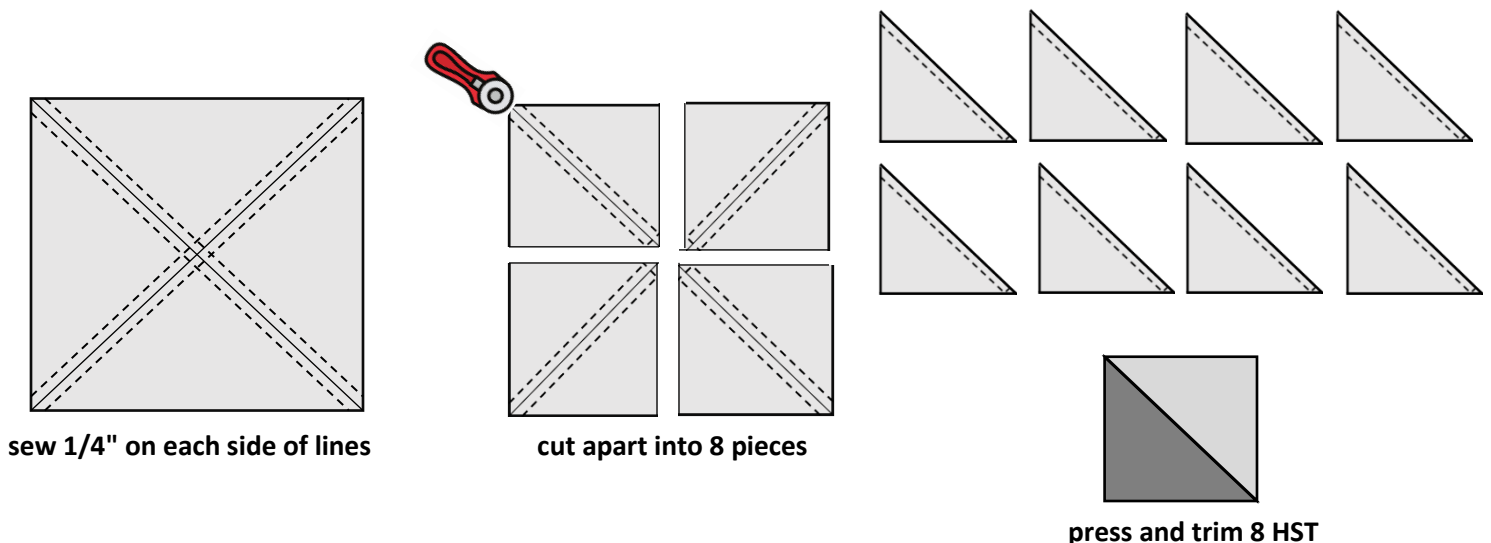
Using a washable marking pen and a straight edge draw diagonal lines corner to corner on the wrong side of the 8" white squares.

Place a white 8" square right sides together (RST) with a blue 8" square. With the diagonal lines facing up, sew 1/4" on each side of both lines.

Measure 4" in from side over and 4" from top down and cut into 4 – 4" squares. Then cut along drawn lines to separate into 8 HST. Press seams toward blue fabric.

Trim each to measure 3 3/8" x 3 3/8".

Repeat for other 8" white and blue pieces to make a total of 40 – 3 3/8" HST.

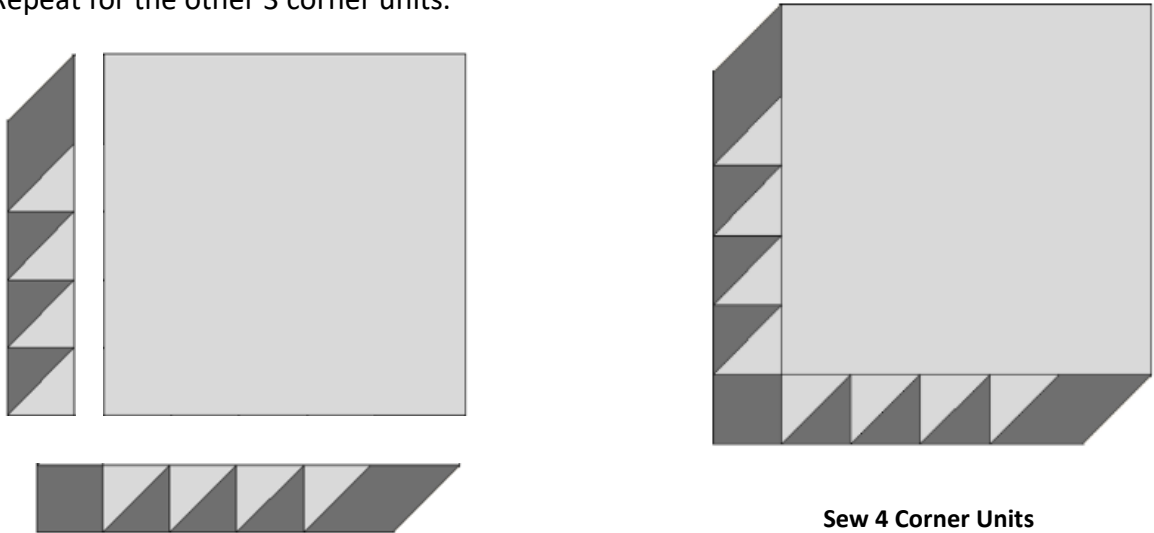


Sew Four Corner Units

Each corner unit is made from 1 – 3 3/8" blue square, 6 HST, 2 – 3 3/4" white triangle pieces, 2 blue diamonds, and 1 – 15 7/8" blue square.

Side Column – Following layout on diagram below sew together 3 HST, then sew white triangle on the top HST and the diamond onto the top of the triangle. Sew the side column onto the left side of the large white square. Press seam toward blue fabric.

Bottom Row – Following layout on diagram below sew 3 HST together. Sew the blue square onto the left side and sew white triangle onto the right side. Sew the diamond to the white triangle. Sew the bottom row onto the bottom of the large white square corner to finish the corner unit. Press the column and row seams toward white square. Repeat for the other 3 corner units.

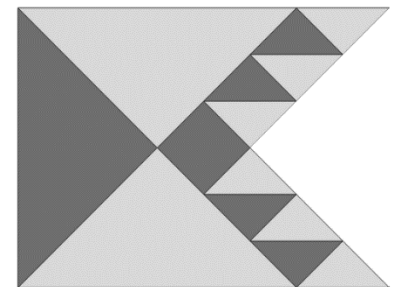


Sew 4 Corner Units

Sew Four Center Units

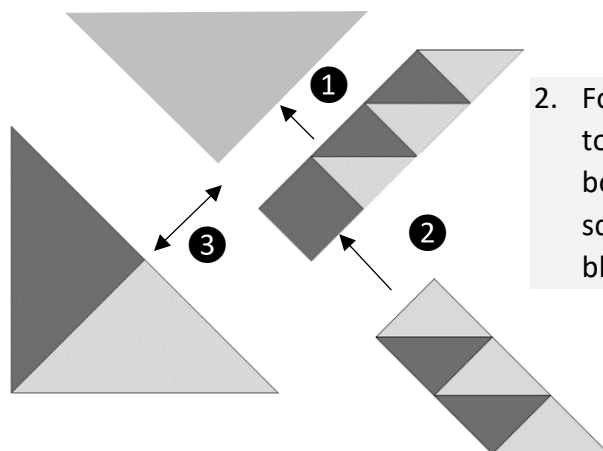
Each center unit is made from 1 – 12 3/4" blue triangle piece, 2 – 12 3/4" white triangle pieces, 1 – 3 3/8" blue square, 4 HST, and 2 – 3 3/4" white triangle pieces.

1. Following layout on diagram below sew 2 HST together. Sew the blue square onto the left side and sew small white triangle onto the right side. Sew this section onto the side of a large white triangle. Press toward white fabric.



Sew 4 Center Units

3. RST sew the blue and the other large white triangles together to form the bottom left part of the center unit. Press toward white fabric.



2. Following layout shown here sew other two HST together and sew small white triangle onto the bottom. Sew this section to the side of the blue square so it extends like a "tail". Press toward blue fabric.

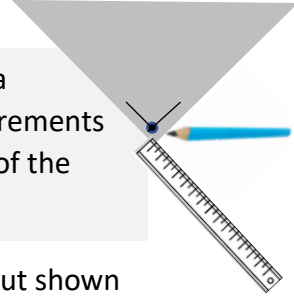
Sew the connected triangles to the "tail unit". Press toward blue/white triangle unit.

Repeat these steps to make the other 3 center units.

Sew Three Rows

You will need to indicate where the 1/4" seam allowance meets at the 90-degree corners of the four 18 7/8" white triangles.

Measure 1/4" from each side of this corner. Using a washable marking pen indicate where these measurements intersect by drawing a small dot on the wrong side of the fabric. Set two of these marked triangles aside.



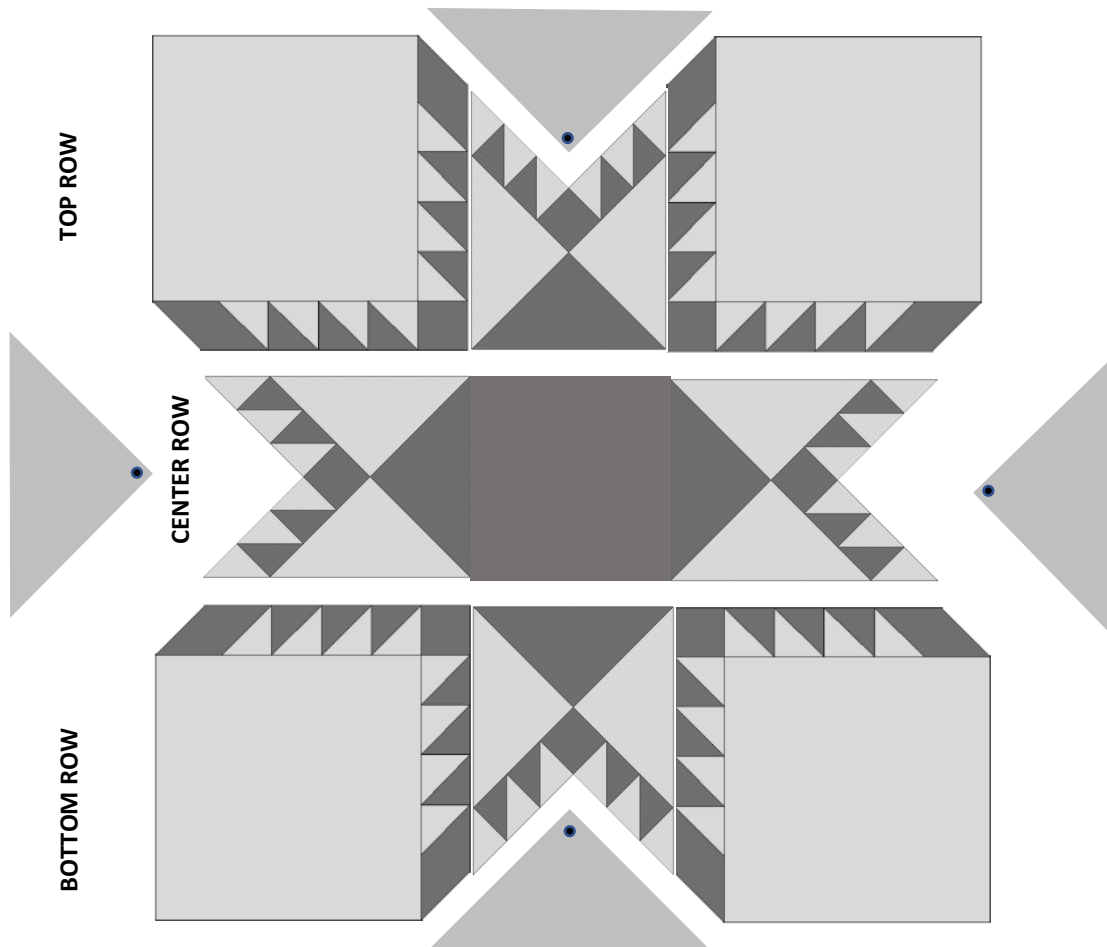
To form the TOP ROW sew the center unit to each side of a corner unit RST following the layout shown below. Press seams toward corner units.

Then take a large white triangle with the dot in the corner and pin it to the left corner unit/center unit with RST. Sew along the left edge until you come up to the dot at the corner. STOP stitching just before you reach the dot and back stitch a few stitches.

Remove the row from the machine and pin the other side of the white triangle to the right corner unit/center unit. Start sewing from dot along the right edge, backstitching a few stitches when you begin sewing at the dot. Press seams toward white triangle.

Repeat these steps to sew together the BOTTOM ROW. Rotate BOTTOM ROW so it faces in the correct layout position as shown below.

Sew a center unit to the left and right sides of the 12" white square. Press seams toward white square.



RST sew the TOP ROW to the CENTER ROW, then sew the BOTTOM ROW to the other side of the CENTER ROW. Press seams open.

Then take a large white triangle with the dot in the corner and pin it to the top left side of the CENTER ROW and the blue triangle of the TOP ROW. Sew along the edge until you come up to the dot at the corner. STOP stitching just before you reach the dot and back stitch a few stitches.

Remove the row from the machine and pin the other side of the white triangle to the bottom left side of the CENTER ROW. Start sewing from dot along the edge to the outside of the blue diamond on the BOTTOM ROW, backstitching a few stitches when you begin sewing at the dot. Press seams toward white triangle.

Repeat these steps to sew the other white triangle to the right side of the CENTER ROW.

Sew on the Borders to Finish Quilt Top

Sew the 1 1/2" x 48 1/2" white strips to each side of the quilt top. Sew the 1 1/2" x 50 1/2" white strips to the top and bottom. Press seams outward.

Sew the 1 1/2" x 50 1/2" blue strips to each side of the white border. Sew the 1 1/2" x 52 1/2" blue strips to the top and bottom. Press seams outward.

Sew the 1 1/2" x 52 1/2" white strips to the sides of the blue border. Sew the 1 1/2" x 54 1/2" white strips to the top and bottom. Press seams outward.

Prepare Backing and Batting

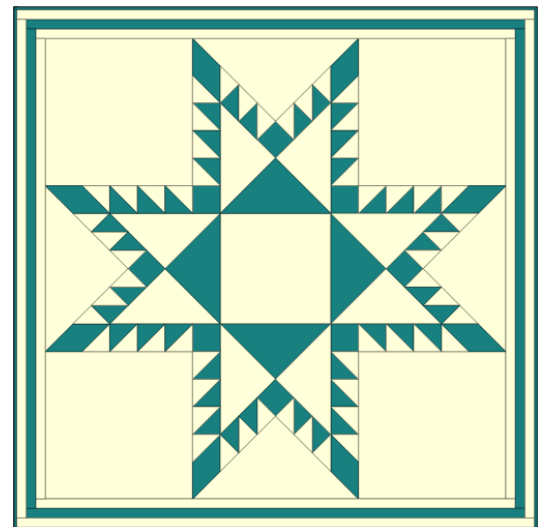
Cut 4 yards of backing fabric into 2 – 2 yard pieces. Trim off bias edges. RST sew these two pieces together along the long side. Press seam open. Keep the seam in the middle (it will run vertical down the middle of the quilt back) and trim this big piece to measure 63" x 63". Also trim batting to 63" x 63". Both backing and batting should extend 4" all around the outside edges of the quilt top.

Finish Quilt

Baste, quilt, and bind layers of the quilt together using your favorite machine quilting design. Finish off with a label on the back.

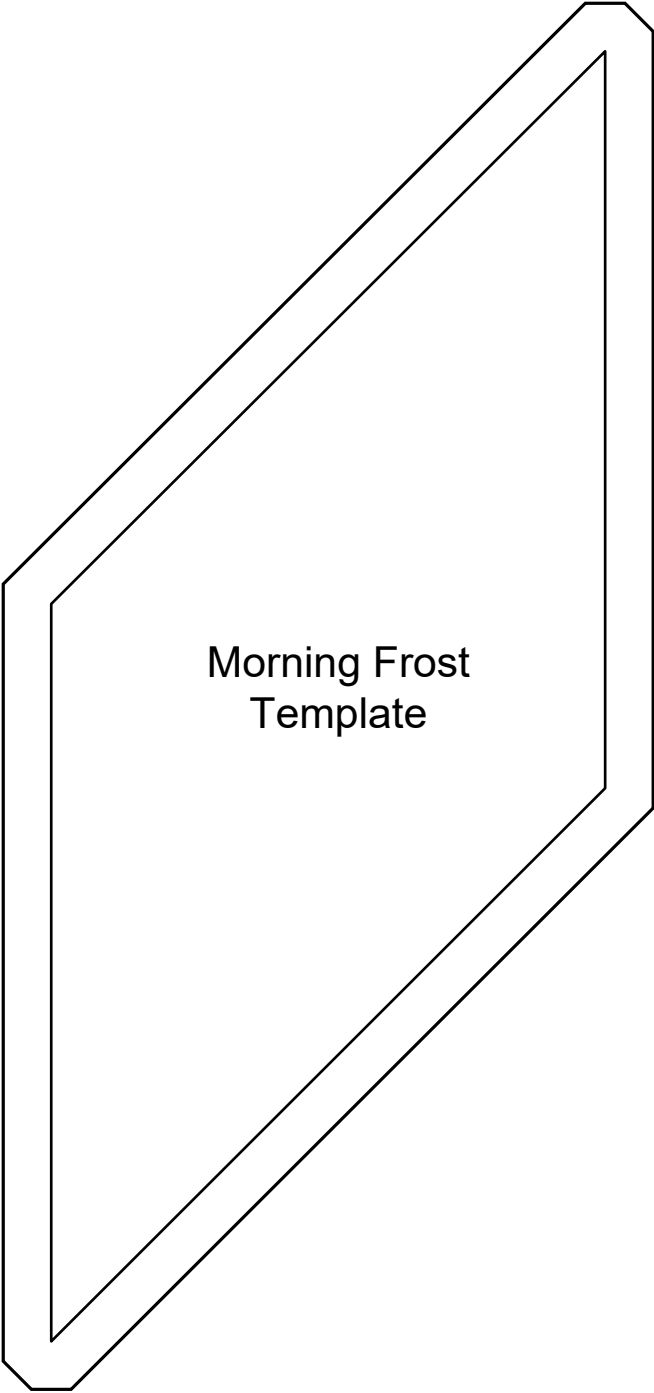
Finished size of the quilt is 56" x 56". If you'd like a larger quilt you can increase the size of the borders, adjust size of backing and batting accordingly.

The "Morning Frost" feathered star quilt makes a great lap quilt or larger wall hanging. It also looks lovely draped over the back of a couch or chair or hung on the rails of a ladder to add coziness to your winter décor!



You can visit me at <https://www.lakegirlquilts.com>





Morning Frost
Template